



1. Music Production & Beat Making
2. DJ'ing & Mixing
3. Drumming & Rhythm Therapy
4. Singing, Voice & Expression
5. Mini Theatre Performance
6. Puppetry & Character Creation
7. Mini Theatre Set Design
8. Prop Making & SFX Design
9. Clay Sculpting & Pottery
10. Craft Lab (Mixed Media Making)
11. Creative Cooking & Baking
12. Food Styling & Presentation
13. Kitchen Confidence & Safety Skills
14. Podcasting & Audio Storytelling
15. Filmmaking & Camera Skills
16. Animation & Stop-Motion
17. Gaming Design & World Building
18. Board Games, Strategy & Team Play
19. Creative Roleplay & Story Worlds
20. Calm Creative Zone (Choice-Led Studio Time)



INTRODUCTION TO DJ'ing

6 MODULES - est 10 hours

Module 1 – What Is a DJ?

Sound, music choice, studio safety, and equipment familiarity.

Module 2 – DJ Equipment Basics

Using decks, mixer, play/pause, volume, and gentle beat matching.

Module 3 – Beats & Tempo

Understanding rhythm, fast vs slow tracks, and feeling the beat.

Module 4 – Mixing & Creativity

Fading tracks, simple transitions, and optional effects.

Module 5 – Build a Mini DJ Set

Choosing tracks, ordering a set, and practising a short mix.

Module 6 – Celebration & Reflection

Sharing work (choice-led), confidence building, and reflection.

Design Principles: Low-pressure, choice-led, sensory-aware. Headphones optional. Breaks encouraged. Success measured by engagement and confidence.



INTRODUCTION TO PUPPETRY

6 MODULES - est 10 hours

Module 1 – What Is a Puppet?

Exploring different types of puppets, stories, characters, and safe handling.

Module 2 – Puppet Making & Materials

Designing and building simple puppets using fabric, foam, paper, and found materials.

Module 3 – Movement & Expression

Learning how puppets move, show feelings, and interact through gentle motion.

Module 4 – Voice, Sound & Character

Exploring voices, sounds, and personality for puppets (verbal and non-verbal options).

Module 5 – Storytelling & Scenes

Creating short stories or scenes using puppets, props, and mini sets.

Module 6 – Sharing, Play & Reflection

Choice-led sharing, imaginative play, confidence building, and reflection.

Design Principles: Low-pressure, imaginative, sensory-aware. Choice-led participation. Quiet play options available. Success measured by engagement, creativity, and confidence.



MINIATURE THEATRE DESIGN

6 MODULES - est 10 hours

Module 1 – What Is Theatre?

Exploring performance, stories, characters, stage effects, and safe use of theatre equipment.

Module 2 – Puppets & Performance Styles

Introduction to string, hand, rod, and shadow puppets, with choice-led exploration.

Module 3 – Movement, Space & Expression

Using body movement, puppets, and space to show feelings, actions, and scenes.

Module 4 – Visual Effects & Stage Magic

Exploring green screen, lighting, smoke effects, and strobe in a safe, sensory-aware way.

Module 5 – Creating Mini Performances

Building short scenes or presentations using puppets, effects, sets, and teamwork.

Module 6 – Sharing, Filming & Celebration

Choice-led sharing or recording of performances, reflection, and confidence celebration.

Design Principles: Imaginative, low-pressure, sensory-aware. All effects optional with clear warnings and opt-outs. Performing is never compulsory. Success measured by engagement, creativity, and confidence.



THEATRICAL SPECIAL FX MAKEUP

6 MODULES - est 10 hours

Module 1 – Introduction to SFX Makeup

Exploring what special makeup effects are, where they are used, and studio safety and hygiene.

Module 2 – Colour, Texture & Bruising Effects

Learning colour blending to create realistic bruises, dirt, and skin effects using safe materials.

Module 3 – Cuts, Scratches & Simple Wounds

Creating small wounds using makeup, gels, and safe tools with clear step-by-step guidance.

Module 4 – Latex, Wax & Raised Effects

Introduction to prosthetic materials such as wax and latex, applied gently and optionally.

Module 5 – Character & Story Makeup

Designing a character look that supports a story, performance, or film scene.

Module 6 – Showcase, Photography & Reflection

Choice-led sharing, photographing work, reflecting on skills learned, and celebrating progress.

Design Principles: Calm, step-by-step, sensory-aware. All materials patch-tested where appropriate. No requirement for work on own skin – practice heads and props always available. Success measured by creativity, engagement, and confidence.



PUBLIC SPEAKING | INTERVIEW SKILLS | CONFIDENCE

Module 1 – Finding Your Voice

Building confidence, understanding communication styles, and creating a safe speaking space.

Module 2 – Speaking Clearly & Calmly

Breathing, pacing, body language, and managing nerves in a supportive environment.

Module 3 – Talking About Yourself

Practising how to talk about interests, strengths, and achievements in simple ways.

Module 4 – Interview Skills (Gently)

Understanding what interviews are, common questions, and practising answers with support.

Module 5 – Presenting Ideas & Stories

Sharing ideas, short talks, or show-and-tell style presentations using prompts or visuals.

Module 6 – Confidence, Reflection & Celebration

Choice-led sharing, positive feedback, self-reflection, and recognising progress.

Design Principles: Low-pressure, confidence-building, sensory-aware. No forced speaking. Visual prompts encouraged. Breaks and quiet options available. Success measured by confidence, participation, and self-belief.



PYROGRAPHY

6 MODULES - est 10 hours

Module 1 – Introduction to Pyrography

Understanding what pyrography is, where it is used, studio rules, heat safety, and sensory awareness.

Module 2 – Tools, Heat & Control

Learning how pyrography pens work, safe handling, temperature control, and practising marks on scrap wood.

Module 3 – Lines, Patterns & Texture

Creating simple lines, dots, shading, and textures using guided, step-by-step techniques.

Module 4 – Images, Symbols & Design

Transferring simple designs, symbols, or patterns onto wood using templates or tracing.

Module 5 – Personal Project Creation

Designing and completing a small personalised pyrography piece such as a plaque or artwork.

Module 6 – Finishing, Reflection & Showcase

Finishing work safely, optional sealing, sharing outcomes, and reflecting on skills learned.

Design Principles: Calm, slow-paced, highly supervised, sensory-aware. Heat tools used only with direct adult supervision. No pressure for speed or complexity. Success measured by focus, control, creativity, and confidence.

BALSA WOODCRAFT

6 MODULES - est 10 hours



This risk assessment applies to all balsawood woodworking activities delivered by Underdog Crew Studios from 2026 onwards. It should be read alongside the Risk Assessment & Sensory Adjustment Addendum (2026) and related tool-specific assessments.

Activity Overview

Students participate in supervised balsawood woodworking activities including measuring, marking, cutting, sanding, assembling, and decorating lightweight wooden models and structures.

Key Hazards

- Cuts or grazes from craft knives or blades
- Minor splinters from wood edges
- Dust from sanding activities
- Misuse of tools due to impulsivity or reduced motor control

Mandatory Control Measures

- ALL cutting activities directly supervised by LSAs or workshop leaders
- No unsupervised access to cutting tools at any time
- Safety craft knives and cutting mats used
- Tools issued and collected by staff only
- Individual assessment of student readiness
- Pre-cut materials provided where appropriate

SEN & Sensory Adjustments

- Step-by-step demonstrations and visual instructions
- No pressure for speed, precision, or completion
- Quiet alternatives and opt-out options always available
- Trauma-informed responses and regulation support

Dust, Sanding & Materials

- Light sanding only; no power tools
- Adequate ventilation provided
- Dust masks available if required

First Aid & Monitoring

- First aid kit available at all times
- Minor injuries treated immediately
- Incidents recorded and reviewed
- Risk assessment reviewed annually or following incidents



Created on: 5th January 2026
Created by: Dom Morgan

RISK ASSESSMENT

SENSORY ADJUSTMENT - 5th Jan 2026



This addendum applies to all Underdog Crew Studios activities delivered in 2026, including DJ'ing, Music Production, Puppeteering, Mini Theatre & Performance, Public Speaking, Filmmaking, and Creative Workshops involving technical, sensory, or performance-based elements.

1. Core Safeguarding & SEN Principles

- Participation is always voluntary and choice-led.
- No young person is required to perform, speak, or engage with effects.
- Sensory needs are identified in advance where possible.
- Clear visual and verbal warnings are given before any sensory change.
- Quiet breakout space is always available.

2. General Studio Risk Controls

- Staff supervision at all times.
- All equipment safety-checked before sessions.
- Cables secured and walkways kept clear.
- Clear start/end routines to reduce anxiety.
- Emergency procedures explained calmly and visually.

3. Smoke Machine (Low-Fog / Water-Based)

Potential Risks: Sensory overload, anxiety, breathing discomfort.

Controls & Adjustments:

- Water-based, non-toxic smoke only.
- Smoke use announced in advance with opt-out offered.
- Short bursts only; never continuous.
- Adequate ventilation at all times.
- Students may leave the space before activation.
- Smoke not used for individuals with respiratory sensitivities.

4. Strobe & Flash Lighting

Potential Risks: Seizure risk, sensory distress, anxiety.

Controls & Adjustments:

- Strobe use is optional and never essential.
- Advance warning given verbally and visually.
- No high-frequency or prolonged strobe effects.
- Alternative lighting options always available.
- Strobe not used with participants who have epilepsy or light sensitivity.

5. Sound & Music Levels

- Volume kept at safe, adjustable levels.
- Headphones optional, never mandatory.

RISK ASSESSMENT

BALSA WOODCRAFT - 5th Jan 2026



This risk assessment applies specifically to the Balsawood Craft workshop modules delivered by Underdog Crew Studios. It must be read alongside the general Risk Assessment & Sensory Adjustment Addendum (2026).

1. Activity Description

Students will engage in supervised balsawood craft activities including measuring, marking, cutting, shaping, sanding, and assembling lightweight balsawood using age-appropriate tools.

2. Identified Hazards

- Cuts or puncture wounds from craft knives or blades
- Minor abrasions from splinters or sharp edges
- Misuse of tools due to impulsivity or reduced motor control
- Anxiety or distress related to tool use

3. Persons at Risk

- Students participating in balsawood craft sessions
- Staff supervising or supporting activities

4. Control Measures (Mandatory)

- ALL cutting activities must be supervised directly by an LSA or workshop leader.
- Craft knives and cutting tools are issued and collected by staff only.
- No unsupervised access to blades at any time.
- Clear demonstration of safe cutting techniques before use.
- One-to-one or small-group supervision during cutting tasks.
- Students assessed individually for readiness to use cutting tools.
- Alternatives provided (pre-cut materials) where appropriate.
- Safety rules displayed visually and reinforced verbally.

5. Equipment & Tool Controls

- Use of safety craft knives where possible.
- Cutting mats used at all times.
- Blades checked regularly and replaced when dull.
- Tools stored securely when not in use.

6. Supervision Requirements

- Cutting tasks supervised by LSAs or trained workshop leaders only.
- Staff maintain clear sightlines to all cutting activity.
- Staff intervene immediately if unsafe behaviour is observed.

RISK ASSESSMENT

PYROGRAPHY - 5th Jan 2026



This risk assessment applies to all pyrography (wood burning) activities delivered by Underdog Crew Studios. It must be read in conjunction with the general Risk Assessment & Sensory Adjustment Addendum (2026).

1. Activity Description

Students use electrically heated pyrography pens to burn designs into wood under direct supervision. Activities focus on slow, controlled movements and creative expression.

2. Identified Hazards

- Burns from heated pyrography pens
- Fire risk from hot tools contacting flammable materials
- Sensory distress from heat, smell, or smoke
- Electrical hazards from equipment misuse

3. Persons at Risk

- Students participating in pyrography activities
- Staff supervising or supporting sessions

4. Control Measures (Mandatory)

- ALL pyrography activities must be directly supervised by a trained workshop leader or LSA.
- No unsupervised access to heated tools at any time.
- Tools are issued, powered, and collected by staff only.
- Clear demonstration of safe handling before use.
- One-to-one or very small group supervision during burning tasks.
- Students assessed individually for readiness to use heat tools.
- Alternatives provided (design transfer, cold tools) where appropriate.

5. Equipment & Environmental Controls

- Heat-resistant mats used on all work surfaces.
- Tools placed in secure stands when not in use.
- Adequate ventilation provided to reduce fumes.
- No flammable materials near work area.
- Equipment PAT tested and checked before sessions.

6. Sensory Adjustments

- Advance warning given about heat and smell.
- Students may opt out at any time without penalty.
- Short work periods with regular breaks.
- Quiet alternative activities available.